

31 DAY “Move Your Body” FAMILY Challenge

			1 MUSIC VIDEO STAR	2 AT-HOME HOOPS 	3 SKATING RINK	4 ANIMAL POSES
5 ONLINE DANCE LESSON	6 FITNESS INSTRUCTOR	7 MEASURE JUMPS	8 TRY JUGGLING	9 HOPSCOTCH	10 NATURE WALK	11 BALANCING CONTESTS
12 FOOTPRINT TAG	13 OBSTACLE COURSE	14 ACROBATICS 101	15 HALLWAY BOWLING	16 DIY WEIGHTS	17 WALKING RACE	18 TOY CAR ROADS
19 BALLOON TENNIS	20 SYNCHRONIZED WIGGLES	21 ZIGZAG COURSE	22 ANIMAL RACES	23 KIDS' YOGA	24 CHOPSTICKS CHALLENGE	25 COUNT STAIRS
26 NOSTALGIC GAMES	27 DANCE OUT FEELINGS	28 SNOWBALL FUN	29 CHALK MAZE 	30 TWISTER	31 DISCO PARTY 	