

If you could relive one day from your life, which one would you choose, and why?

What are some things that make your family different than other families?

What is something you know a lot about that you could teach somebody else?

If someone threw a festival celebrating you, what kinds of games and attractions would it have?

What is a valuable lesson you've learned in the past year?

Do you think it's ever the right thing to do to tell a lie? Why or why not?

How do you think your life would be different if you started out old and ended up young?

What was your biggest accomplishment this year?
What about your biggest challenge?

In a frustrating situation, it's usually best to focus on what we can control. What are some things that are in your control right now? What are some things that aren't?

What was the last time you celebrated something? What do you think your next celebration will be about?

Who is someone in your life that you'd like to spend more time with? What are some things you can do together?

Why do you think that humans have an imagination? Can you think of ways that having an active imagination can be helpful to people?

If your family had to enter the Olympics as a team, which sport do you think you'd be good at together & why?

If you could teleport but were always taken to the same place, what destination would you pick?

How do you think the world would change if everyone started growing all their own fruits and vegetables?

If you could end a conflict that's going on - either in your life or in the world - which one would you end and how?

When was a time that you needed to be brave? How did the situation turn out?

If you could learn how to do one new thing overnight, what would it be?

Think about one of your biggest goals for the next year. What's one small step you can take today or tomorrow towards making it happen?

What do you think is the hardest thing about being your age? What do you think is the easiest age to be? What about the most difficult?

What is something that you're naturally good at? What's something that you had to work really hard to be good at?

What was a really embarrassing moment you've experienced, and what would you do if you could go back and change it?

What qualities do you think make someone a good leader? Who is someone you know that has those qualities?

Was there ever a time you felt that you weren't treated as an equal? How did you feel and what did you do about it?

What qualities do you think make someone a hero? Who are some heroes you can think of?

Why do you think people risk their lives to help others, even if they might get hurt?

Who is someone you know who has sacrificed or taken a risk for something they believe in?

Some say the opposite of a hero isn't a villain, it's a bystander who sees trouble & doesn't take action. Do you agree? What are some ways you could go from being a bystander to being a hero?

How do you think your life would be different if you spent more of your time outside than inside? What do you think you would like most about the outdoor life?

Do you look like your family members? What features, if any, do you share? Which features are unique just to you?

What's something new you learned this year? What about something new you tried?

What was something important that happened in the world this year? What about something important that happened in your state or town? What's something big that happened in your family?

What is something that you're naturally good at? What's something that you had to work really hard to be good at?

When you encounter a new problem, what do you do to try to solve it? What was the last problem you solved?

If you could go back in time and give yourself advice during a difficult moment you've experienced, what would that advice be?

What was the last mistake that you made? What will you do differently next time to avoid making the same mistake again?