

# All about \_\_\_\_\_

Age: \_\_\_\_\_ Date: \_\_\_\_\_

One of my biggest strengths is:

Something I'm working hard on is:

Something that makes me very unique is:

Today, one thing I'm grateful for is:

# ALL ABOUT \_\_\_\_\_

Age: \_\_\_\_\_

Date: \_\_\_\_\_

Something I'm really good at  
right now is:

Something I'm learning  
right now:

These things calm me down or cheer me up when I'm upset:

Recently, I had a hard time with:

I handled it by:

# ALL ABOUT:

AGE:

DATE:

I was so proud of myself when:

\_\_\_\_\_

Something new I tried recently was:

\_\_\_\_\_

I thought it was pretty:

- |                                      |                                      |                                |
|--------------------------------------|--------------------------------------|--------------------------------|
| <input type="checkbox"/> exciting    | <input type="checkbox"/> interesting | <input type="checkbox"/> _____ |
| <input type="checkbox"/> challenging | <input type="checkbox"/> boring      | <input type="checkbox"/> _____ |
| <input type="checkbox"/> funny       | <input type="checkbox"/> scary       | <input type="checkbox"/> _____ |

Everyone makes mistakes! One mistake I made (and what I learned from it) was:

\_\_\_\_\_

A time when things got tough but I kept going was:

\_\_\_\_\_

Three words that describe me are:

\_\_\_\_\_